

Different types of bullying...

Verbal

Physical

Social

Cyber

Deliberate

The person is doing it on purpose to hurt or upset someone else.







The person does it more than once over more than one day.

Targeted

The person is doing it to someone who is a less powerful person.



If bullying happens outside school, tell a responisble adult. Remember to report hate crimes to the police by calling 101.

Let's stop bullying at our school. Do your part. If you recognise the signs, please tell a teacher.