

CYLCHLYTHYR BLWYDDYN 8/9

YEAR 8/9 NEWSLETTER



Gorffennaf 2023
July 2023

After another busy year, I am very pleased that we are able to share with you our Summer Newsletter. As you will see in the following pages, our pupils have excelled again this year and in a wide range of activities. Our staff continue to work hard to give our pupils access to a wide range of learning opportunities and it is rewarding to see so many of our pupils thriving. At Ysgol Calon Cymru we value the individual, understand the importance of relationships and do our best to be an inclusive and welcoming environment.

I'd like to take this opportunity to thank you for all of your support, as it is only by working in partnership with you, that we can get the best from the young people in our care. I hope all our pupils and families enjoy a well-deserved summer break. Diolch yn fawr.

Headteacher's
MESSAGE

NEGES
y Pennaeth

WHAT A BUSY TERM IT HAS BEEN!

AM DYMOR PRYSUR!



I chi i gyd ym Mlwyddyn 9, gobeithiwn eich bod wedi mwynhau eich amser yng Nghyfnod Allweddol 3. Gorffwyswch dros y gwyliau'r haf nawr, cyn dechrau eich Cysiau TGAU ym mis Medi.

Bl8 - Gobeithio hefyd y cewch Wyliau Haf da a heddychlon iawn ac edrychaf ymlaen at eich croesawu yn ôl ym mis Medi fel eich Arweinydd Cynnydd.

For all of you in Year 9, we hope that you have enjoyed your time in Key Stage 3. Rest up over the Summer Holidays in preparation to begin your GCSE Courses in September.

Bl8 - I also hope you have a really good and restful Summer Holidays and I look forward to Welcoming you back in September as your Progress Leader.

GWISG YSOL/SCHOOL UNIFORM

We still have a lot of pupils who are not in the correct uniform, please can we have a big push to get this sorted. Please contact us should you need any support. Diolch

PLEASE REMEMBER

Our current school uniform consists of:

- Long or short-sleeved plain white shirt
- Smart black or navy trousers (cargo, combat, jeans and jeggings styles are **not acceptable**) or smart black or navy knee length skirt (jersey tube skirts are not acceptable)
- Navy school jumper with school logo
- Ysgol Calon Cymru tie
- Dark socks (black opaque tights may be worn)
- Plain black footwear (coloured trim, laces and any printed designs/logos/symbols are not acceptable)



Mae ein gwisg ysgol gyfredol yn cynnwys:

- Crys gwyn, plaen llewys hir neu fyr
- Trowsus smart du neu nefi (nid yw steiliau cargo, combat, jîns a jeggings **yn dderbyniol**) neu sgert smart du neu nefi hyd y benglin (nid yw sgertiau tiwb jersi yn dderbyniol)
- Siwmpwr ysgol nefi gyda logo'r ysgol
- Tei Ysgol Calon Cymru
- Sanau tywyll (gellir gwisgo teits di-draidd du)
- Esgidiau du plaen (nid yw trim lliw, careiau lliw nac unrhyw ddyluniad/logo/symbol yn dderbyniol)

PE Kit

Ysgol Calon Cymru's new school PE kit is manufactured from RePet Recycled Yarns (plastic bottles). It consists of:

Mandatory

- School T-shirt with logo (navy blue with red contrasting panels) – unisex tops are now available
- Navy blue/red shorts/skort with logo
- Navy blue/red football/hockey socks



Optional

- Navy blue/red tracksuit bottoms or full-length exercise leggings
- School hooded top



Yn ogystal, byddwn nawr yn caniatáu i ddisgyblion wisgo top cwfflog yr ysgol os dymunant.

Cit Addysg Gorfforol

Mae cit Addysg Gorfforol Ysgol Calon Cymru wedi gynhyrchu o RePet Recycled Yarns (poteli plastig) ac yn cynnwys:

Gorfodol

- Crys T ysgol gyda'r logo (nefi gyda phaneli coch cyferbyniol) – mae topiau unrhyw ar gael nawr
- Siorts/sgort nefi/coch gyda'r logo
- Sanau pêl droed/hoci nefi/coch

Dewisol

- Gwaelodion tracwisg nefi/coch neu deits ymarfer hyd llawn
- Top cwfflog yr ysgol

JESS METCALF SWYDDOG POBL IFANC - CYDRADDOLDEB AC YMGYSYLLTU



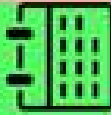
BETH WYTT TI'N EI WNEUD?

Rwy'n gweithio mewn ysgolion a sefydliadau ieuencâd i rymuso pobl ifanc i herio anghydraddoldeb yn eu bywydau. Rwy'n helpu i gefnogi pobl ifanc a'u cymunedau ac i gynyddu ymwybyddiaeth a gwelededd grwpiau lleiafrifol.



PRYD FYDDA' I YN YR YSGOL?

Byddaf yn anetu at fod yn yr ysgol a leiaf bob mis, fel hyn byddaf yn gallu dy weld yn rheolaidd heb effeithio gormod ar dy amserlen! Gallu di gysylltu â mi ar-lein os wyt ti am drafod unrhyw beth :)



MANYLION CYSWLLT



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JESS METCALF EQUALITIES & ENGAGEMENT YOUNG PEOPLES OFFICER



WHAT DO YOU DO?

I work in schools and youth organisations to empower young people to challenge inequality in their lives. I help to support young people and their communities and to increase awareness and visibility of minority groups.



WHEN WILL YOU BE IN SCHOOL?

I will aim to be in school at least monthly, this way I get to see you regularly without impacting on your timetable too much! You can contact me online if you want to discuss anything :)



CONTACT DETAILS



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GROUP WORK

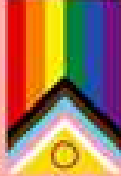
I help to set up groups in schools, or support existing ones, like the School Council or LGBTQ+ Groups.



EQUALITY ACT 2010

My work is centred around the Equality Act 2010 and the 9 protected characteristics, these are:

- age
- disability
- gender reassignment
- marriage and civil partnership
- pregnancy and maternity
- race
- religion or belief
- sex
- sexual orientation





Newyddion y tymor

Termly News

Mrs V Phillips and myself spent a great 2 days with 28 pupils from both Llandrindod and Builth Campus taking part in a JustBsmoking prevention programme. The programme was delivered by trained representatives of the NHS and held at Quackers in Newbridge on Wye. The programme aims to help cut-down and stop people from smoking in the future through the positive influence of peer pressure and friendship groups in year 8. Research has identified that young people are most likely to try-out cigarettes or e-cigarettes in year 8, so this is why this year group was chosen.



Treuliodd Mrs V Phillips a minnau 2 ddiwrnod gwych gyda 28 o ddisgyblion o Campws Llandrindod a Llanfair-ym-Muallt yn cymryd rhan mewn rhaglen atal JustBsmoking. Darparwyd y rhaglen gan gynrychiolwyr hyfforddedig y GIG a'i chynnal yn Quackers yn Nhrecelyn ar Wy. Nod y rhaglen yw helpu i dorri i lawr ac atal pobl rhag ysmegu yn y dyfodol trwy ddylanwad cadarnhaol grwpiau pwysau a chyfeillgarwch cymheiriaid ym mlwyddyn 8. Mae ymchwil wedi nodi bod pobl ifanc yn fwyaf tebygol o roi cynnig ar sigaréts neu e-sigaréts ym mlwyddyn 8, felly dyna pam dewiswyd y grŵp blwyddyn hwn.





Year 8 and 9 pupils have been selected to take part in The Ospreys rugby team's TACKLE education programme. TACKLE works with pupils aged 12-16 to develop softer skills such as leadership, teamwork, communication and an understanding of opportunities in further education and the workplace.

The TACKLE programme uses sport to engage learners in sessions which are fun, informative, positive and resourceful. Their main aim is to support young people to realise their potential and gain real life experience

Mae disgyblion Blwyddyn 8 a 9 wedi cael eu dewis i gymryd rhan yn rhaglen addysg TACKLE tîm rygbi'r Gweilch. Mae TACKLE yn gweithio gyda disgyblion 12-16 oed i ddatblygu sgiliau meddalach fel arweinyddiaeth, gwaith tîm, cyfathrebu a dealltwriaeth o gyfleoedd mewn addysg bellach a'r gweithle. Mae rhaglen TACKLE yn defnyddio chwaraeon i ennyn diddordeb dysgwyr mewn sesiynau sy'n hwyl, addysgiadol, cadarnhaol a dyfeisgar. Eu prif nod yw cefnogi pobl ifanc i wireddu eu potensial a chael profiad bywyd go iawn.

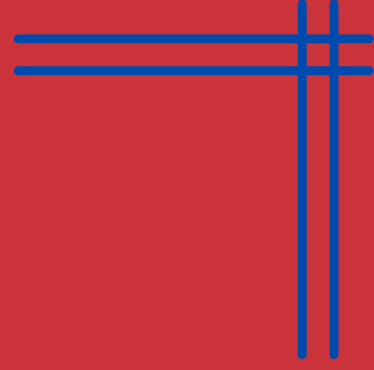


Mabolgampau 2023

Siapan

Moroco

Sbaen





Unwaith eto, cawsom ddiwrnod gwych ar gyfer ein diwrnod chwaraeon, gyda chyflawniadau chwaraeon gwych. Cymerodd y rhan fwyaf o'r disgyblion ran ac mae'n foment falch o weld disgyblion yn cystadlu ac yn gwneud eu gorau yn eu timau.

Army Engagement Day

Diwrnod ymrwymiad y Fyddin



Ar 10 Gorffennaf, daeth y fyddin i mewn i Ysgol Calon Cymru ar gyfer Diwrnod Ymgysylltu â'r Fyddin gyda Blwyddyn 9. Fe wnaethant gwblhau cyfres o weithgareddau a oedd yn cynnwys llawer o ymddiriedaeth ar eu rhan a chawsant gipolwg ar y sgiliau yr oedd eu hangen i fod yn y Fyddin. Roedd aelodau'r Fyddin a fynychodd yn addysgiadol iawn ac yn onest iawn gyda'r disgyblion ac roeddent yn wych am ateb cwestiynau oedd gan ddisgyblion.



Candelas yn Aberhonddu



Diolch yn fawr iawn Urdd Brycheiniog a Maesyfed a Chyngor Celfyddydau Cymru am brynhawn cyffrous gyda Candelas!

Thank you very much Urdd Brycheiniog a Maesyfed and Arts Council Wales for an exciting afternoon with Candelas!



Key Dates

Dyddiadau Allweddol



Mwynhewch wyliau'r
haf.

Cadwch yn ddiogel.

Mi welwn ni chi eto:
Dydd Llun, Medi 4
2023

**Enjoy the summer
holidays.
Keep safe.**

**We'll see you:
Monday,
September 4 2023**