



CHILDREN'S MENTAL HEALTH WEEK

This year's theme is 'Let's Connect'

Let's Connect is about making meaningful connections for all, during Children's Mental Health Week - and beyond.



We're encouraging people to connect with others in healthy, rewarding, and meaningful ways.

We want you to know that there are services available for children and young people to access in Powys. For any other Emotional Health and Wellbeing Services, please click [here](#) or scan the QR code above.

[Kooth](#)
[Counselling](#)

[Youth Intervention](#)
[Service](#)

[CAMHS](#)

[Mind](#)

[SilverCloud](#)

[Chat Health](#)