

# YEAR 10 & 11 NEWSLETTER



July 2023

VOL.21



## Message from the Head Teacher

After another busy year, I am very pleased that we are able to share with you our Summer Newsletter. As you will see in the following pages, our pupils have excelled again this year and in a wide range of activities. Our staff continue to work hard to give our pupils access to a wide range of learning opportunities and it is rewarding to see so many of our pupils thriving. At Ysgol Calon Cymru we value the individual, understand the importance of relationships and do our best to be an inclusive and welcoming environment.

I'd like to take this opportunity to thank you for all of your support, as it is only by working in partnership with you, that we can get the best from the young people in our care. I hope all our pupils and families enjoy a well-deserved summer break. Diolch yn fawr.

## Neges gan y Pennaeth

Ar ôl blwyddyn brysur arall, rwy'n falch iawn ein bod yn gallu rhannu ein Cylchlythyr Haf gyda chi. Fel y gwelwch yn y tudalennau canlynol, mae ein disgyblion wedi rhagori eto eleni ac mewn ystod eang o weithgareddau. Mae ein staff yn parhau i weithio'n galed i roi mynediad i'n disgyblion i ystod eang o gyfleoedd dysgu ac mae'n werth chweil gweld cymaint o'n disgyblion yn ffynnu. Yn Ysgol Calon Cymru rydym yn gwerthfawrogi'r unigolyn, yn deall pwysigrwydd perthnasoedd ac yn gwneud ein gorau i fod yn amgylchedd cynhwysol a chroesawgar.

Hoffwn achub ar y cyfle hwn i ddiolch i chi am eich holl gefnogaeth, gan mai dim ond trwy weithio mewn partneriaeth â chi y gallwn gael y gorau gan y bobl ifanc yn ein gofal. Gobeithio bod ein holl ddisgyblion a theuluoedd yn mwynhau gwyliau haf haeddiannol. Diolch yn fawr.



<https://www.gcsepod.com/>

Pupils can use their Hwb E-mail and set up their own password to log in

Gall disgyblion ddefnyddio e-bost Hwb a gosod eu cyfrinair eu hunain i fewngofnodi

## Credydau / Credits

Congratulations to 10D & 11A for achieving the highest credits This Year.

Llongyfarchiadau i 10C ac 11A gael y nifer fwyaf o gredydau'r blwyddyn hwn.

## 100% Attendance Head Teachers Award

Year 11:  
Laura Bevan

Matthew Flynn

Congratulations!!

# Year 10 & 11 Sporting Successes

## Sports Leaders 2023

This Year is our second year running the Sports Leaders and Community Level 2 Award. This award is an additional award we offer to pupils in year 10 to gain a qualification in Leadership. Although we run it in school within the Core PE lessons and the pupils deliver their choice of sports to the lower year groups, they must also complete an allotted amount of leadership time in the community. We encourage them to try out new leadership opportunities such as volunteer work, scouts, cadets etc., to give them a wide variety, ultimately it is their choice and some do still go to local sports clubs.

The final part of the course is to deliver an event to the local primary schools. This year we had the pleasure of hosting both Trefonnen and Cefnlllys for multi-sports activities, fully planned and run by our sports leaders. Both the Leaders and the pupils had a great afternoon. The leaders will be taking up other roles in the new academic year in and around the community so keep an eye out for them.

Pictures of the new Sports Leaders will come up in Winter Newsletter once they have received their certificates.

Well done to all.



## Arweinwyr Chwaraeon 2023

Eleni yw'r ail flwyddyn i ni gynnal Gwobr Arweinwyr Chwaraeon a Chymuned Lefel 2. Mae'n wobwr ychwanegol a gynigiwn i ddisgyblion ym mlwyddyn 10 i ennill cymhwyster mewn Arweinyddiaeth. Er ein bod yn ei gynnal yn yr ysgol yn ystod y gwersi Addysg Gorfforol Craidd ac mae'r disgyblion yn cyflwyno eu dewis o chwaraeon i'r grwpiau blwyddyn iau, rhaid iddynt hefyd gwblhau peth amser arwain penodol yn y gymuned. Rydym yn eu hannog i roi cynnig ar gyfleoedd arwain newydd fel gwaith gwirfoddol, y sgowtiaid, cadetiaid ayyb., i gael amrywiaeth eang, ond eu dewis hwy yw hyn yn y pendraw ac mae rhai yn dal i fynd i glybiau chwaraeon lleol.

Rhan olaf y cwrs yw cyflwyno digwyddiad i'r ysgolion cynradd lleol. Eleni roedd yn bleser gennym groesawu Trefonnen a Cefnlllys i weithgareddau aml-chwaraeon, y cwbl wedi ei gynllunio a'i gynnal gan ein harweinwyr chwaraeon. Roedd yr Arweinwyr a'r disgyblion wedi cael prynhawn wrth eu bodd. Bydd yr Arweinwyr yn cymryd at rolau eraill yn y flwyddyn academaidd newydd yn ac o gwmpas y gymuned felly edrychwch amdanynt.

Bydd lluniau o'r Arweinwyr Chwaraeon newydd yn ymddangos yng Nghylchlythyr y Gaeaf wedi iddynt gael eu tystysgrifau.

Da iawn bawb.

# Year 10 & 11 Sporting Successes

## Sports Day

Sports day got off to a rocky start this year with the weather not being on our side and us having to postpone it a day. But on the day the pupils came in full spirit and ready to compete. All pupils represented their colour house in a multitude of sports, including traditional track and field events as well as other events such as, obstacle race, tug of war, speed bounce and more. All pupils competed well to try to get the top spot in each event to take their house to victory. Unfortunately there could only be one winner, which this year was awarded to Red House  
Congratulations Red House

## Health & Wellbeing Day

Our second Health and Wellbeing day was under way this year with a some similar activities from last year but also some new ones too. The pupils had a day rotating around on a carousel to experience different activities that can be accessed both in school and in the community or at home, which would benefit their Health and Wellbeing. We also had the pleasure of invite our year 6 cluster primary school up to take part in the event. The event included 4 areas:

1. Sports - Rounders, Danish and Kickball.
2. Wellbeing - Mural painting, Clubbersie, Outdoor skills and Drumming.
3. Community - Local business giving taster on what they do, E.g. Bowls, First Aid, Surfing and more.
4. Food Fayre - Ready steady cook, NFU presentation, Cycle Smoothies, Bush Tucker Trials and more.

The event would not of been able to run as smoothly as it did if was not for both our newly qualified Year 10 Sports Leaders and the Previous Year 11 Sports Leaders who gave their free time up to come in to help us. Thank you all.



## Diwrnod Chwaraeon

Dechrau simsan gafodd y Diwrnod Chwaraeon eleni gyda'r tywydd heb fod o'n plaid a bu'n rhaid i ni ei ohirio am ddiwrnod. Ond ar y dydd ei hun roedd y disgyblion yn llawn hwyl ac yn barod i gystadlu.

Roedd y disgyblion i gyd yn cynrychioli lliw eu tŷ mewn amryw o chwaraeon, yn cynnwys y cystadlaethau trac a maes traddodiadol yn ogystal â chystadlaethau eraill fel ras rwystrau, tynnu rhaff, bowndio cyflymder a mwy.

Roedd y disgyblion i gyd wedi cystadlu'n dda i geisio cyrraedd y safle uchaf ymhob cystadleuaeth i roi buddugoliaeth i'w tŷ hwy. Yn anffodus, dim ond un oedd yn medru ennill, ac eleni'r tŷ hwnnw oedd ty coch Llongyfarchiadau ty coch

## Diwrnod Iechyd a Llesiant

Cynhaliwyd yr ail ddiwrnod Iechyd a Llesiant eleni gyda rhai gweithgareddau tebyg i llynedd ond rhai newydd hefyd. Cafodd y disgyblion ddiwrnod o fynd o gwmpas ar garwsél er mwyn profi gweithgareddau gwahanol y gallant gael mynediad iddynt yn yr ysgol ac yn y gymuned neu adref, ac a fyddai'n fuddiol i'w Iechyd a Lles.

Roedd yn bleser gennym hefyd gwahodd disgyblion blwyddyn 6 ysgolion cynradd ein clwstwr i gymryd rhan yn y digwyddiad. Roedd y digwyddiad yn cynnwys 4 maes:

- Chwaraeon - Rownderi, Danaidd a Phêl-gic.
- Lles – Paentio Murlun, Clubbersie, Sgiliau Awyr Agored a Drymio.
- Cymuned – Busnesau lleol yn blas o'r hyn y maent yn ei wneud, e.e. Bowliau, Cymorth Cyntaf, Syrffio a mwy.
- Ffair Fwyd - Ready steady cook, cyflwyniad NFU, Smoothies Seiclo, Treialon Bush Tucker a mwy.

Ni fyddai'r digwyddiad wedi medru bod yn un mor hwylus heb gyfraniad Arweinwyr Chwaraeon Blwyddyn 10 oedd newydd gymwyso ac Awreinwyr Chwaraeon blaenorol Blwyddyn 11 oedd wedi rhoi eu hamser rhydd i ddod i'n helpu. Diolch bawb.

# Year 11 Leavers Day and Prom

## Leavers Day 2023



25th May 2023 was a fun but emotional day for our year 11 cohort. We said goodbye to them on their final day in school with us at Ysgol Calon Cymru. Although their day started with an exam, it didn't stop us celebrating the rest of it. The pupils signed shirts, had tutor parties, awards and leaving assembly before rounding off the day with inter for games of Danish Longball (A Llandrindod Special).

The pupils behavior and manner was on top form on their last day and it is safe to say from all the staff at Ysgol Calon Cymru, each and everyone one of them will be missed.



### Year 11 Prom at The Metropole Hotel

On Wednesday the 21st of June the year 11 pupils put on their best suits a most beautiful dresses to attend their end of school Prom.

It was a great evening with all our pupils looking very smart. Not only was it to celebrate their end of school and exams but it was a celebration of their time with us, whether it was over the past 5 years or the past year.

As always we had some unique arrivals including, an electric scooter, a cherry picker, a Lamborghini, Aston Martin and more. Finally it wouldn't of been a Llandrindod prom without convey of Tractors.

Our pupils had a great night with a lovely 3 course meal, teachers awards and brilliant entertainment from Eifion Davies.

We again wish all our year 11 pupils all the very best for the future. We hope you have a lovely summer and we look forward to seeing you on results day on 24th August 2023.



Ysgol Calon Cymru  
Year 11 2022

# Blwyddyn 11 Diwrnod Gadawyr and Prom



## Diwrnod Gadawyr 2023

Roedd 25ain Mai 2023 yn ddiwrnod difyr ond emosiynol i garfan Blwyddyn 11. Roeddem wedi ffarwelio â hwy ar eu diwrnod olaf gyda ni yn Ysgol Calon Cymru. Er bod eu diwrnod wedi dechrau gydag arholiad, doedd hynny ddim wedi atal ein dathliadau yn ystod gweddill y diwrnod. Roedd y disgyblion wedi llofnodi crysau, cawson nhw bartion tiwtor, gwobrau a gwasanaeth gadael cyn gorffen y diwrnod gyda gemau o Bêl Hir Danaidd (Arbennig i Landrindod).

Roedd y disgyblion ar eu gorau o ran ymddygiad ac ymarweddiad ar y diwrnod olaf a gwir yw dweud y bydd y staff i gyd yn Ysgol Calon Cymru yn gweld eisiau pob un ohonynt.



## Prom Blwyddyn 11 yng Ngwesty'r Metropole

Ar ddydd Mercher, 21ain Mehefin, gwisgodd disgyblion blwyddyn 11 eu siwtiau gorau a'u ffrogiau prydferthaf i fynychu eu Prom diwedd ysgol. Roedd yn noson dda ac roedd ein disgyblion i gyd yn edrych yn smart iawn. Roedd nid yn unig yn gyfle i ddathlu diwedd eu cyfnod ysgol ac arholiadau ond roedd gyfle i ddathlu eu cyfnod gyda ni, boed hynny'r 5 mlynedd ddiweddfaf neu'r flwyddyn ddiwethaf.

Fel bob amser, roedd rhai wedi cyrraedd mewn modd unigryw yn cynnwys, sgwter trydan, llwyfan gwaith uchel symudol, Lamborghini, Aston Martin a mwy.

Yn olaf nid prom Llandrindod fyddai e heb gonfoi o Dractorau.

Cafodd ein disgyblion noson dda gyda phryd bwyd 3 chwrs blasus, gwobrau'r athrawon ac adloniant gwych gan Eifion Davies.

Rydym unwaith eto'n dymuno'r gorau i ddisgyblion blwyddyn 11 ar gyfer y dyfodol. Rydym yn gobeithio y cewch haf pleserus ac edrychwn ymlaen at eich gweld ar y diwrnod canlyniadau ar 24ain Awst 2023.



Ysgol Calon Cymru  
Year 11 2022

# Year 10 & 11 Events



## Work Experience week

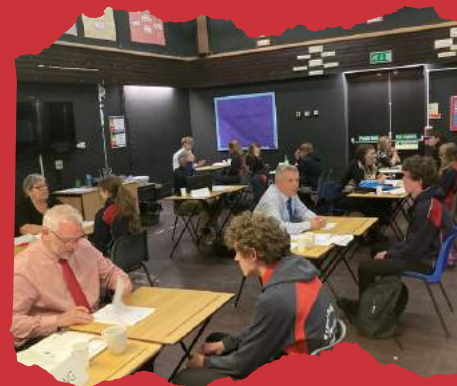
The week beginning the 10th July our year 10 went out to begin a week of work experience in the local community with a variety of business'. This was a great opportunity for our pupils to get some experience of what goes on in the working world and that they can expect heading into the working world in the near future.

We would like to thank all the business' that volunteered to take our pupils for the week.

### Mock Interview day

Monday 17th July our year 10 pupils had the opportunity to experience what it would be like to have a formal interview in the working world. This came at a perfect time just after their week of work experience. Our pupils expressed how valuable these experience were to help them prepare themselves for the working world. Thank you to the following business' who gave up their time to come into school to host the interviews:

- Radnorshire Wildlife Trust
- Sphere (construction)
- SWG
- Freedom Leisure
- Compact Orbital Gears
- DWP
- Powys County Council
- Sian Davies



### Year 10 Health and Social Trip

Our Year 10 Health & Social Care pupils visited the Powys Health and Care Academy in Bronllys this week. Pupils participated in a range of activities: from testing for diabetes, dealing with falls, coping with a sensory loss, and seeing the virtual reality and robotic technologies.



# Year 10 & 11 Events

## Wythnos Profiad Gwaith

Yn ystod yr wythnos yn dechrau 10fed Gorffennaf, aeth ein disgyblion Blwyddyn 10 i ddechrau ar wythnos o brofiad gwaith yn y gymuned leol gydag amryw o fusnesau. Roedd hyn yn gyfle da i'n disgyblion brofi'r hyn sy'n digwydd ym myd gwaith a'r hyn y gallant ei ddisgwyl wrth anelu am fyd gwaith yn y dyfodol agos.

Hoffem ddiolch i'r busnesau i gyd oedd wedi gwirfoddoli i gymryd ein disgyblion am yr wythnos.

### Diwrnod Cyflweliadau Ffug

Ar ddydd Llun, 17eg Gorffennaf, cafodd ein disgyblion blwyddyn 10 gyfle i brofi sut beth fyddai cael cyfweiliad ffurfiol ym myd gwaith. Daeth hyn ar amser perffaith yn dilyn yn union wedi eu wythnos profiad gwaith. Dywedodd ein disgyblion pa mor werthfawr oedd y profiad i'w helpu i baratoi eu hunain ar gyfer byd gwaith.

Diolch i'r busnesau canlynol a roddodd o'u hamser i ddod i'r ysgol i gynnal y cyfweiliadau:

- Ymddiriedolaeth Bywyd Gwyllr Sir Faesyfed
- Sphere (adeiladu)
- SWG
- Hamdden Rhyddid
- Compact Orbital Gears
- DWP
- Cyngor Sir Powys
- Sian Davies



### Trip Iechyd a Gofal Cymdeithasol Blwyddyn 10

Aeth ein disgyblion Iechyd a Gofal Cymdeithasol Blwyddyn 10 ar ymweliad i Academi Iechyd a Gofal Powys ym Mronllys yr wythnos hon. Roedd y disgyblion wedi cymryd rhan mewn gweithgareddau amrywiol: o brofi ar gyfer clefyd y siwgr, ymdrin â chwympiadau, ymdopi â cholli synhwyrâu, a gweld technolegau rhithrealiti a robotaid.



# MEET THE WELLBEING TEAM YEAR 10 2023/24

PWY ALL EICH CEFNOGI? WHO CAN SUPPORT YOU?

Miss R Rhys-Jones



Designated  
Safeguarding Officer  
*Prif Swyddog Diogelu*

Senior Assistant  
Headteacher  
Llandindod Wells Campus

Mrs V Phillips



Deputy  
Safeguarding Officer  
*Dirprwy Swyddog Diogelu*

Associate Assistant  
Headteacher  
Llandrindod Campus

Mrs J Hilliard



Pastoral Officer  
*Swyddog Lles*

Mrs M Payne



Behaviour Support  
Officer  
*Swyddog Cefnogi  
Disgybliaeth*

Mr J Roberts  
Progress Leader Key Stage 4  
Arweinydd Cynnydd CA 4



Robertsj1047@hwbcymru.net

Sut i ofyn am gymorth Lles?  
How to request wellbeing support?

PowellK140@hwbcymru.net



10A Form Reps  
Ella Dadson & Tomos Jones



10B Form Reps  
Ruby Vermeire & Robert Lewis

ReynoldsJ113@hwbcymru.net



10C Form Reps  
J Greere & Ali Khalaf



nicholasg26@hwbcymru.net

10D Form Reps  
Lewis Flynn & Vex Fofeldea

HillierR15@hwbcymru.net

## WELLBEING SUPPORT CEFNOGAETH LLES

IF YOU WOULD LIKE TO REQUEST  
WELLBEING SUPPORT PLEASE COMPLETE THE FORM  
BELOW OR SCAN THE QR CODE:

OS HOFFECH WNEUD CAIS AM GYMORTH LLESIAN, LLENWCH Y FFURFLEN ISOD NEU SGANIWCH Y COD QR:



A MEMBER OF THE WELLBEING TEAM WILL  
BE IN TOUCH SHORTLY.  
BYDD AELOD O'R TÎM LLES MEWN  
CYSYLLTIAD YN FUAN.



# MEET THE WELLBEING TEAM YEAR 11

## PWY ALL EICH CEFNOGI? WHO CAN SUPPORT YOU?

Miss R Rhys-Jones



Designated  
Safeguarding Officer  
*Prif Swyddog Diogelu*

Senior Assistant  
Headteacher  
Llandindod Wells Campus

Mrs V Phillips



Deputy  
Safeguarding Officer  
*Dirprwy Swyddog Diogelu*  
Head of Campus

Associate Assistant  
Headteacher  
Llandrindod Campus

Mrs J Hilliard



Pastoral Officer  
*Swyddog Lles*

Mrs M Payne



Behaviour Support  
Officer  
*Swyddog Cefnogi*  
*Disgybliaeth*

Mr J Roberts  
Progress Leader Key Stage 4  
Arweinydd Cynnydd CA 4



Robertsj1047@hwbcymru.net

Sut i ofyn am gymorth Lles?  
How to request wellbeing support?

HardwickD12@hwbcymru.net



11B Form Reps  
Aleisha Jones & Ellie Davies

11D Form Reps  
Paige Griffiths & Harvey Colley



hobbym8@hwbcymru.net

11B Form Reps  
Jacob Hobbs & Monty  
Buncombe



lewism727@hwbcymru.net

11D Form Reps  
Rohan Buncombe & Oliver  
Brown

Simpsonk27@hwbcymru.net

### WELLBEING SUPPORT CEFNOGAETH LLES

IF YOU WOULD LIKE TO REQUEST  
WELLBEING SUPPORT PLEASE COMPLETE THE FORM  
BELOW OR SCAN THE QR CODE:

OS HOFFECH WNEUD CAIS AM GYMORTH LLESIAN, LLENWCH Y FFURFLEN ISOD NEU SGANIWCH Y COD QR:



A MEMBER OF THE WELLBEING TEAM WILL  
BE IN TOUCH SHORTLY.  
BYDD AELOD O'R TÎM LLES MEWN  
CYSYLLTIAD YN FUAN.

# JESS METCALF EQUALITIES & ENGAGEMENT YOUNG PEOPLES OFFICER



## WHAT DO YOU DO?

I work in schools and youth organisations to empower young people to challenge inequality in their lives. I help to support young people and their communities and to increase awareness and visibility of minority groups.



## GROUP WORK

I help to set up groups in schools, or support existing ones, like the School Council or LGBTQ+ Groups.



## WHEN WILL YOU BE IN SCHOOL?

I will aim to be in school at least monthly, this way I get to see you regularly without impacting on your timetable too much! You can contact me online if you want to discuss anything :)



## EQUALITY ACT 2010

My work is centred around the Equality Act 2010 and the 9 protected characteristics, these are:

- age
- disability
- gender reassignment
- marriage and civil partnership,
- pregnancy and maternity
- race
- religion or belief
- sex
- sexual orientation



## CONTACT DETAILS



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[jess.metcalf@powys.gov.uk](mailto:jess.metcalf@powys.gov.uk)



# Up Coming Dates

Return to school - 04/09/2023

Half Term - 30/10/2023 - 3/11/2023

End of Term -22/12/2023

VI Form Open Evening - 28/09/2023

Year 10 Parents Evening 23/11/2023

First Steps  
Nursery

Little Acorns  
Nursery

Crossgates CP  
Primary

Ysgol  
Trefonnen

ETB  
Autocenter

Off Road Only



We would like to take the opportunity to thank all the business' that have teamed up with our Llandrindod campus to offer Work Placements for a number of our pupils in Key Stage 4. These opportunities give our pupils valuable experience at a crucial age, which they may not get anywhere else.

Hoffem fanteisio ar y cyfle hwn i ddiolch i'r holl fusnesau sydd wedi gweithio gyda Champws Llandrindod i gynig Lleoliadau Gwaith Work ar gyfer nifer o ddisgyblion Cyfnod Allweddol 4. Mae'r cyfleoedd hyn yn rhoi profiad gwerthfawr i'n disgyblion ar oed allweddol, cyfle nad ydynt yn gael fel arall o bosibl.



Hair Studio

DNS Windows  
& Doors

Freedom  
Leisure

March  
Ironmongery

Ian Ward  
Carpentry

Jonathan Sims  
Carpentry