

# CYLCHLYTHYR BLWYDDYN 7 YEAR 7 NEWSLETTER

Autumn/Winter 2023

VOL. 1

Dear Parents/Carers

After another busy term working here at Ysgol Calon Cymru, I am pleased to be able to share with you our Autumn Term newsletter. Our new Year 7 learners have made a strong start with us, and our staff have enjoyed getting to know each of them. It is really encouraging to see so many enjoying their learning and getting involved in the extra-curricular activities that we run. I know that this first term can be nerve-racking for our learners (and their families!), but I am very proud of the way our new Year 7 have settled. I am sure that as a year group they will continue to grow from strength to strength and I look forward to sharing more news with you in the Spring Term.

I'd like to take this opportunity to wish you, from all our staff at Ysgol Calon Cymru, a peaceful and relaxing Christmas with your family and friends.

Ar ôl tymor prysur arall yma yn Ysgol Calon Cymru, mae'n bleser gen i allu rhannu ein cylchlythyr Tymor yr Hydref gyda chi. Mae ein dysgwyr Blwyddyn 7 newydd wedi cyflawni dechreuad cryf gyda ni, ac mae ein staff wedi mwynhau dod i adnabod pob un ohonynt. Mae'n galonogol iawn gweld cymaint yn mwynhau eu dysgu ac yn cymryd rhan yn y gweithgareddau allgyrsiol yr ydym yn eu cynnal. Rwy'n gwybod y gall y tymor cyntaf hwn fod yn nerfus i'n dysgwyr (a'u teuluoedd!), ond rwy'n falch iawn o'r ffordd y mae ein Blwyddyn 7 newydd wedi ymgartrefu. Rwy'n siŵr y byddant fel grŵp blwyddyn yn parhau i dyfu o nerth i nerth ac edrychaf ymlaen at rannu mwy o newyddion gyda chi yn Nhymer y Gwanwyn.

Hoffwn achub ar y cyfle hwn i ddymuno Nadolig heddychlon ac ymlaciol i chi gyda'ch teulu a'ch ffrindiau gan ein holl staff yn Ysgol Calon Cymru.

Dr. Richard Jones  
Headteacher/ Pennaeth

## Croeso Welcome

Welcome to our first edition of our Year 7 Newsletter. As we reach the end of our first term at Ysgol Calon Cymru, we are so pleased to see our new Year 7 pupils settling into high school life. You will be amazed how quickly the year passes, we have already been able to meet Year 6 with Connor Du Toit & Annabelle Bundy delivering excellent speeches at our Year 6 Open Evening to both students and parents!!

This newsletter gives information about what we have been up to this term along with a celebration of pupils' achievements so far. I wish you and your families a very happy and restful Christmas.

Miss Vaughan  
Year 7 Progress Leader

**SAVE THE DATE**

**BACK TO SCHOOL**

**TUESDAY 9TH**

**JANUARY 2024**

**FEBRUARY HALF TERM**

**MONDAY 12TH -**

**FRIDAY 19TH**

**FEBRUARY**

During the first half term our form classes nominated and voted to fill a number of positions across the school. These included Form Captains, School Council and Eco Reps.

**Form Captains:**

- 7A - Ethan Williams & Menna Thomas
- 7B - Zoe Avenell & Ethan Ferreira
- 7C - Zahara Vallely & Loki Brown
- 7D - DJ Howells & Frankie Tapsell

**Year 7 School Council:**

- Layla Williams 7A
  - Tyler Nowell 7A
  - Zoe Avenell 7B
  - Lillie Hartles 7B
  - Frankie Tapsell 7D
- Well done to those elected.

# Form Captains



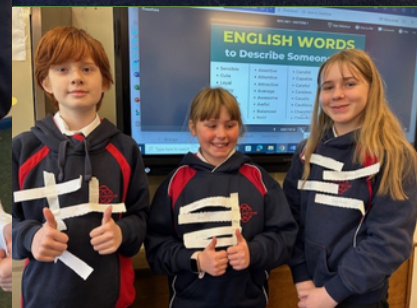
# School Council

On Tuesday the 12th of December, our School Council travelled to Quackers for a day of planning and evaluation for the Curriculum for Wales, Powys Pupil voice and team building activities. Pupils from both campuses really came together to offer their views and ideas to developing a number of aspects within Ysgol Calon Cymru. Joining the council to support the sessions and hear the pupil viewpoints were Mr Matt Rising and Jess Metcalf.



# RSE

The rollout of the Curriculum for Wales framework commenced in September 2022. Within this, schools are under a legal duty to include mandatory Relationships and Sexuality Education (RSE) in the curriculum. RSE is intended to help children to develop healthy relationships and behaviours with their friends and families, based on kindness, empathy and respect. This is important for them to to develop as 'healthy, confident individuals' with positive social, emotional and mental well-being. RSE is also intended to keep children safe and to protect their well-being. This is critical as technology and society continue to change rapidly. RSE helps children recognise relationships and situations that might put them at risk of harm. It can support all children with what they need to know and what to do to keep safe and how to seek help. This term Year 7 have had two RSE mornings where they have engaged in sessions exploring relationships and identity, puberty and self-esteem, hopefully they have found these valuable. Next term we will exploring topics such as stereotypes, prejudice and discrimination.



# Sporting Achievements



## Calon Cymru Success at the Wales North Regional Swimming Gala

Year 7 pupil Layla Williams produced excellent results across the 3-day Regional Gala held in Llandudno. Swimmers who produce fast enough times at the event qualify for the Wales National Finals.

Out of the 11 races entered Layla managed Personal Bests in 9 and she was placed 3rd in her 200m Butterfly and in the 400m Individual Medley. Remarkably Layla is based in a higher age group of 11-12-year olds. Layla has also qualified for the Wales National Finals in Swansea in the 50m Butterfly, with a time of 35.25 seconds. Congratulations and good luck!

## South Powys Cross Country League



Calon Cymru went to Christ College for the first fixture of the term, it was great to see Year 7 take part and get involved. All pupils performed outstandingly well. The 2.4km course was flat and fast-paced which was hard to judge for the leaders to set a good pace but some notable performances by our boys and girls. The second fixture was a fantastic cross-country event, in glorious sunshine, at Gwernyfed HS with a number of brilliant results for Calon Cymru. All boys and girls really pushed themselves and gave it everything. The third fixture was another fantastic cross-country event, this time in mud, at Crickhowell HS with a number of excellent finishes for Calon Cymru. We also had the largest turnout for entries! All boys and girls put in a great amount of effort and gave everything.



## National Football Knock Out Cup - U13 Girls v Llanidloes HS

(Lois Lawrence Layla Williams Jersey Swann Cali-Mae Rowan Lillie Bufton Maisy Adams Lilly Adams Blanka Piekarska)

The girls however battled superbly and defended bravely to gain victory in the penalty shoot-out having drawn 1-1 in proper time. Ffion Stephens scored in real time and scored the decisive goal in the shoot-out. Nia Price was the hero of the day saving 2 important penalties helping Calon Cymru to a 2-0 shoot-out win after 4 shoots a piece.

## U13 Girls National Football Cup Powys Regional Area Final

(Lois Lawrence Layla Williams Jersey Swann Cali-Mae Rowan Maisy Adams Lilly Adams Blanka Piekarska)

Congratulations to the U13 Girls who won their football match v Llanfyllin, which was the Regional Final for the National Cup. The girls will now continue the competition into the National Rounds. The girls put in a convincing performance to dominate from start to finish. Calon Cymru used the ball intelligently and had good transitions from midfield to the front players allowing chances at goal. The girls scored 12 goals with Chloe Edwards 8, Amelia Turner 2, Cali-Mae Rowan and Ffion Stephens both 1 each. Chloe displayed fantastic foot and ball control and was Player of the Match. Cali-Mae and Amelia were always dangerous and moved confidently with the ball. A great all-round display and the girls can look forward to extending their season into January. Well done!

# Sporting Achievements



## U12 and U14 Boys South Powys Football

*(Alfie Harris Stefan Rurac Charlie Hughes Connor Du Toit Iwo Piekarski Cian Thomas Matthew Ferriera Jack Jones Lewis L-McDarren Timur Marad Connor Helliwell Rhys Couzens Will Evans Ethan Williams Gus Notaro)*



Calon Cymru year 7 and 9 football teams took part in the South Powys Football Competition held at Crickhowell HS.

The year 7s, playing a six a side, had two teams entered into the competition. The boys enjoyed a competitive series of games against teams from Brecon HS, Crickhowell HS and Gwernyfed HS. The A team drew their first game 2-2 against Gwernyfed with goals from Charlie Hughes and Rhys Edwards. They then narrowly lost to both Crickhowell (4-3) and Brecon (2-1), with Macsen John, Charlie Hughes and Alfie Harris twice contributing goals. The standard of play from all involved was really pleasing to see. The less experienced B side played really well and showed much determination throughout the competition but eventually succumbed to their stronger opponents. Goals from Stefan Rurac and Ollie Davies were a particular highlight.

Well done to all the boys involved!

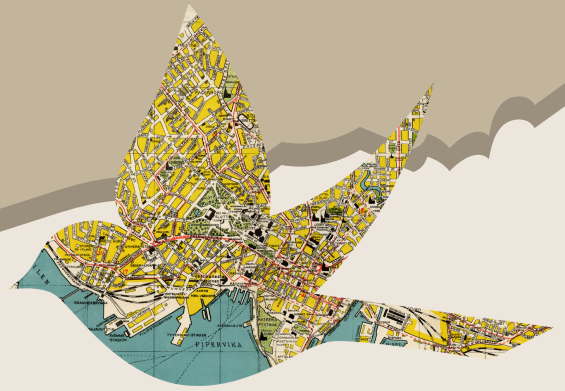
## South Powys U12 Boys Rugby

*(Tom Davies, Will Evans, Fraser Powell, Spencer Samuel, Henry James, Alfie Lewis)*

It was the first time to see the U12s play for Calon Cymru and they did not disappoint with a resounding victory over Brecon HS. However disappointedly, only Brecon HS brought an U12 side so four 15-minute quarters were played. The Calon Cymru boys took on a strong opposition and included two players playing in their first ever rugby game. Calon Cymru soon ran into a quick lead with tries from Spencer Samuel (2), Rhys Edwards, Alfie Davies, Henry Mills (2), newcomer Gethyn Price scored 2 tries in his first full rugby game. Brecon had big strong ball carriers and made dents into the Calon Cymru defence but with some chop tackles and quick steals at the breakdown the home team quickly disheartened the opposition.



# Welcome



Hello, my name is Emma Procter and I am the Family Liaison Officer for the Llandrindod cluster.

I am based in Ysgol Calon Cymru Llandrindod.

I am here to offer support to you and your family.

Please call in, say hello or you can contact me on or

01597 826385 or

[emma.procter@powys.gov.uk](mailto:emma.procter@powys.gov.uk)



**GOOD MORNING**  
"HAVE A NICE DAY"



**Year 7**  
**It's Breakfast Time**

**Come along to Breakfast club**  
**Monday & Friday 8-8.50am**  
**PAWB**

For more information see  
Emma Procter, Family Liaison Officer



We have lots of support available for you and your family including -

- Applying for Free Schools meals or Pupil essential grant
- Support with sourcing essential provisions
- Applying for school place
- Cost of living support
- School readiness
- Contacting agencies
- Signposting to relevant organisations
- Support with engaging with school or external agencies

• 1-1 Targeted support sessions  
Please get in touch to find out more about:

- 
- Family learning activities
- Positive parenting
- Cooking
- Food support schemes
- Team Around the Family
- Attendance
- Supporting your child in school
- Local parent groups

# ACHIEVEMENT CERTIFICATES

Certificates are being awarded to pupils that have reached the following milestones in their credits on Go4Schools.



**Gold Award -  
350  
Achievement  
Points**



**Silver Award -  
250  
Achievement  
Points**



**Bronze Award -  
150  
Achievement  
Points**



**WELL DONE  
ALL!**

## 7A

Jones, Emrys  
Notaro, Gus  
Carter, Maximus  
Thomas, Menna  
Jones, Mia  
Riekstins-Morgan, Larna  
Lawrence, Lois  
Davies, Harry  
Douel, Zak  
Williams, Ethan  
Williams, Layla  
Nowell, Tyler  
Hughes, Georgie  
Hampton-Saunders, Autumn  
Hughes, Charlie  
Procter, George  
Swann, Jersey  
Jones, Jack  
Bufton, Lillie  
Rurac, Stefan  
Hopes, Caius

## 7B

Ferreira, Matthew  
Hawksworth, Oliver  
Hope, Thomas  
Avenell, Zoe  
Adams, Maisy  
Adams, Lily  
Evans, Will  
Harris, Alfie  
Malin, Manuel  
Hartles, Lillie  
Powell, Fraser  
Rowan, Cali-Mae  
Evans, Makayla  
Banks, Phoebe  
Samuel, Spencer  
Piekarski, Iwo  
Lewis, Alfie  
Davies, Thomas  
Holloway, Phoebe  
Percy, Geth  
Jones, Rhys

## 7C

Ampelioti, Eva  
Archibald, Jake  
Morris, Cadi  
Price, Ollie  
Vallely, Zahara  
Barrett, Ayla  
Lewis, Sophie  
Bundy, Annabelle  
Curzon, Edith  
Morris, Georgia  
Evans, Isaac  
Jones, Max  
Evans, Lola  
Wiles-Moore, Ruby  
Wood-Sheen, Thomas  
Williamson, Mabel-Faye  
Cutter, Macie  
Sandford, Lochlan  
Withers, Benjamin  
Esworthy, Megan  
Brown, Odin  
Moore, Bear  
Wilke, Darci

## 7D

Jones, Rhodri  
Lloyd-McDarren, Lewis  
Clements, Archie  
Harris, Gabriel  
Simmons, Harley  
Pears, Lily  
Du Toit, Connor  
Helliwell, Connor  
Piekarska, Blanka  
Bethell, Seren  
Lewis, Mia  
Sandford, Kai  
Edwards, Ruby-Jayne  
Evans, Maddie  
Williams, Jack  
Thomas, Kylan  
Matthews, George  
Wooldridge, Esme-Grace  
Tapsell, Frankie  
Woodward, Freya  
Jones, Autumn  
Eghwurdje, Tega

# BRONZE AWARDS

## 7A

Jones, Emrys  
Notaro, Gus  
Carter, Maximus  
Thomas, Menna

## 7B

Ferreira, Matthew

## 7C

Ampelioti, Eva  
Archibald, Jake  
Morris, Cadi  
Price, Ollie  
Vallely, Zahara  
Barrett, Ayla  
Lewis, Sophie  
Bundy, Annabelle  
Curzon, Edith  
Morris, Georgia  
Evans, Isaac

## 7D

Jones, Rhodri  
Lloyd-McDarren, Lewis  
Clements, Archie  
Harris, Gabriel  
Simmons, Harley



# SILVER



100%

## Presenoldeb Attendance

Congratulations to 17 pupils who have got through the term with 100% attendance! Well done all!

### 7A

Pixie Beacham  
Jack Jones  
Ethan Williams

### 7B

Makayla Evans  
Oliver Hawksworth  
Thomas Hope  
Manuel Malin  
Iwo Piekarski

### 7C

Annabelle Bundy  
Sophie Lewis  
Georgia Morris  
Zahara Vallely

### 7D

Ruby-Jayne Edwards  
Gabriel Harris  
Lewis Lloyd-McDarren  
Blanka Piekarska  
Harley Simmons

# Santa Run

Our annual Santa Run took place on Wednesday 20th December, the whole year group did themselves proud as they dressed up and undertook the challenge of running a mile, to collaborate as a form to cover at least a marathon distance. The atmosphere was full of Christmas spirit and smiles beaming!

Even the staff enjoyed a bit of fancy dress!

**1st Boy** - Charlie Hughes

**1st Girl** - Layla Williams

**Best fancy dress** -

Harley Simmons & Rhodri Jones

followed by the 7C Santa Sledge Group!





# Cog Urdd



This term students have been given the opportunity to compete in the Cog Urdd competition, starting in house at school level and moving onto compete in the regional round. In the Pob Urdd school round winners were: 1st place - Connor Evans 2nd place - Emrys Jones 3rd place - Lois Lawrence  
In the Cog Urdd round: 1st place - Jacob Craven 2nd place - Lois Lawrence 3rd place - Emrys Jones



## Regional Round of Cog Urdd.

Lois Lawrence, 7A, came second in the Years 7-9 category and Jacob Craven, 8C, came third. So proud of them both, and such a huge achievement for Lois who has never competed in Cog Urdd before.



## World Mental Health Day & THE DPJ FOUNDATION

As part of World Mental Health Day, Mrs Nicholls presented the pupils with copies of her most recent books. Mrs Nicholls is Learning Manager of English and Literacy at Ysgol Calon Cymru and has been recently working on a project with a mental health charity.

Last year she was commissioned by the DPJ Foundation (a mental health charity for rural communities in Wales) to write three books to support families dealing with bereavement. The books have been illustrated by former YCC pupil Ken Rees.

The books were officially launched in October to coincide with World Mental Health Day. The books have been distributed to approximately 200 schools in Wales to date. The aim is for all primary schools to have a copy of the books, as a tool to support learners and their families.

The books can be found in our Nurture provision for all students to access if needed.



## Here to help:

The following people are here to help and support your child through their school year.

If you have any questions or concerns please contact their form tutor in the first instance.

Progress Leader –

Miss K Vaughan

Form Tutors :-

7A –

Mrs B Gwyn Jones

7B –

Mr A Stanway

7C –

Mrs D Chester

7D –

Mrs E Bevan

## Planners

Please try and check your son or daughter's planner weekly as there may be messages from teachers or their tutor. It is also a useful way to see how well they are dealing with homework by checking the recording of homework and ensuring they have met all homework deadlines.



## JESS METCALF EQUALITIES & ENGAGEMENT YOUNG PEOPLES OFFICER



### WHAT DO YOU DO?

I work in schools and youth organisations to empower young people to challenge inequality in their lives. I help to support young people and their communities and to increase awareness and visibility of minority groups.



### GROUP WORK

I help to set up groups in schools, or support existing ones, like the School Council or LGBTQ+ Groups.



### EQUALITY ACT 2010

My work is centred around the Equality Act 2010 and the 9 protected characteristics, these are:

- age
- disability
- gender reassignment
- marriage and civil partnership,
- pregnancy and maternity
- race
- religion or belief
- sex
- sexual orientation



### WHEN WILL YOU BE IN SCHOOL?

I will aim to be in school at least monthly, this way I get to see you regularly without impacting on your timetable too much! You can contact me online if you want to discuss anything :)



### CONTACT DETAILS



@jessmetcalfeeypo



www.facebook.com/jessyouthworker



jess.metcalf@powys.gov.uk



## London Trip

We are looking forward to our Year 7 trip to London in May.

Reminder that the last two payments need to be made by Friday 12th January & Monday 12th February. Thanks Miss Vaughan

# TERM DATES

Tuesday 9th January 2024 to Friday 9th February 2024

## Spring

**Half Term** - Monday 12th February 2024 to Friday 16th February 2024  
Monday 19th February 2024 to Friday 22nd March 2024

## Summer

Monday 8th April 2024 to Friday 24th May 2024

**Half Term** - Monday 27th May 2024 to Friday 31st May 2024  
Monday 3rd June 2024 to Friday 19th July 2024

## Non Pupil Days

Friday 22nd December 2023 & Monday 8th January 2024  
Cluster Inset –Monday 8th July 2024

