

CYLCHLYTHYR BLWYDDYN 7 YEAR 7 NEWSLETTER

Summer 2023



VOL. 3

Dear Parents/Carers

After another busy year, I am very pleased that we are able to share with you our Summer Newsletter. As you will see in the following pages, our pupils have excelled again this year and in a wide range of activities. Our staff continue to work hard to give our pupils access to a wide range of learning opportunities and it is rewarding to see so many of our pupils thriving. At Ysgol Calon Cymru we value the individual, understand the importance of relationships and do our best to be an inclusive and welcoming environment.

I'd like to take this opportunity to thank you for all of your support, as it is only by working in partnership with you, that we can get the best from the young people in our care. I hope all our pupils and families enjoy a well-deserved summer break. Diolch yn fawr.

Ar ôl blwyddyn brysur arall, rwy'n falch iawn ein bod yn gallu rhannu ein Cylchlythyr Haf gyda chi. Fel y gwelwch yn y tudalennau canlynol, mae ein disgyblion wedi rhagori eto eleni ac mewn ystod eang o weithgareddau. Mae ein staff yn parhau i weithio'n galed i roi mynediad i'n disgyblion i ystod eang o gyfleoedd dysgu ac mae'n werth chweil gweld cymaint o'n disgyblion yn ffynnu. Yn Ysgol Calon Cymru rydym yn gwerthfawrogi'r unigolyn, yn deall pwysigrwydd perthnasoedd ac yn gwneud ein gorau i fod yn amgylchedd cynhwysol a chroesawgar.

Hoffwn achub ar y cyfle hwn i ddiolch i chi am eich holl gefnogaeth, gan mai dim ond trwy weithio mewn partneriaeth â chi y gallwn gael y gorau gan y bobl ifanc yn ein gofal. Gobeithio bod ein holl ddisgyblion a theluoedd yn mwynhau gwyliau haf haeddiannol. Diolch yn fawr.

Dr. Richard Jones
Headteacher/ Pennaeth

Croeso Welcome

Welcome to our third and final edition of our Year 7 Newsletter for this academic year. I cannot believe another year has past, your sons and daughters have grown so much over this year. It has been a delight to see them blossom and thrive to much more confident students, they are now fully involved in high school life and ready to move on to Year 8.

This term has been such a busy time, the residential trip, sports day, health & wellbeing day, PSE days and many more activities, all of these have allowed us to really get to know the children and build relationships with them outside of the classroom. I hope they have a lovely summer and wish them well as they move up to Year 8.

Miss Vaughan
Year 7 Progress Leader

SAVE THE DATE

BACK TO SCHOOL

MONDAY 4TH

SEPTEMBER

CLUSTER INSET

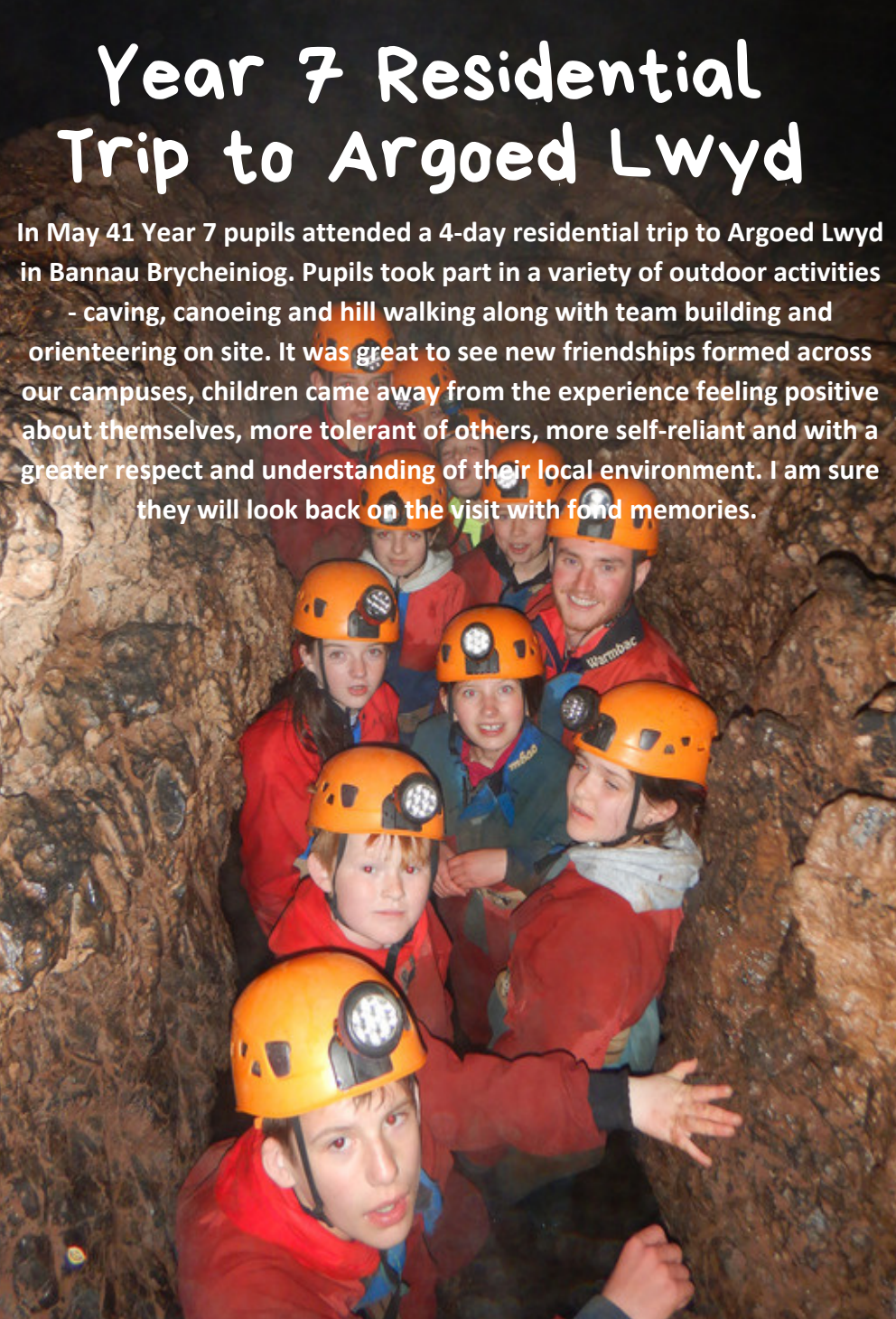
MONDAY 2ND &

TUESDAY 3RD

OCTOBER

Year 7 Residential Trip to Argoed Lwyd

In May 41 Year 7 pupils attended a 4-day residential trip to Argoed Lwyd in Bannau Brycheiniog. Pupils took part in a variety of outdoor activities - caving, canoeing and hill walking along with team building and orienteering on site. It was great to see new friendships formed across our campuses, children came away from the experience feeling positive about themselves, more tolerant of others, more self-reliant and with a greater respect and understanding of their local environment. I am sure they will look back on the visit with fond memories.





Sporting Achievements

**U13 Girls Mountain
Ash School Tag Rugby
Competition**
(Ffion Stephens, Maisy
Hughes, Ellen Nicholls,
Eliza Thompson,
Charlotte Ealey-
Fitzgerald)
**Calon Cymru Team 1
Champions; Calon
Cymru Team 2 Runners
Up**



In what seemed the hottest day of the year, Calon Cymru entered three U13 rugby sides into a tough competition. This was the girls first experience, as a group, of competitive rugby. All three sides competed with pride and passion mixed with skill and determined running. In the group stages the three teams as a collective won all their matches, except for one draw and one loss between them. This meant Calon Cymru 1 and Calon Cymru 2 reached the cup semi-final and Calon Cymru 3 the plate semi-final (which wasn't played as the opposition had to catch their bus). However, Calon Cymru 1 did play and beat Ysgol Gartholwg and Calon Cymru 2 beat Mountain Ash. Both sides then played each other in what was the best competitive game of the day. Despite an early lead from Calon Cymru 2 Calon Cymru 1 pulled away with some fantastic tries. The 25 girls that played gave their all and showed that girls rugby at Ysgol Calon Cymru is strong.

Ysgol Calon Cymru Girls Rugby v Gwernyfed HS
(Ffion Stephens, Maisey Hughes, Ellen Nicholls, Charlotte E-Fitzgerald, Harriet-Rose Hughes, Eliza Thompson, Millie Geere, Maisey Hughes, Pheobe James, Ami Diawari, Lucy Davies, Delyth Morgan)

43 Calon Cymru girls from year 7, 8 and 9 travelled across to a sun drenched Gwernyfed and played a series of touch and contact rugby matches. The girls won all the touch matches across the age groups. And then another first for Calon Cymru girls – their first competitive experience of contact and tackle against a set of girls who had. The year 8 and 9 girls combined and took the opposition close just missing out by 3 scores. However, the year 7s won their contact match. Most of the girls tried the contact and it was pleasing to see the potential on show. The girls can again be proud of their efforts. Well done!



Ysgol Calon Cymru Year 7 Pupils Go Bowling

The boys and girls in year 7 started a taster programme at the Llandrindod Wells Bowling Club. With 4 club members running the session, the pupils enjoyed learning about the skills involved with the game and playing several ends. The Bowling Club, situated in Rock Park, is the largest bowling club in Wales and there are 3 greens of international standard catering for all levels of competition. A major venue, the club is host to national, international and county bowling events throughout the season, as well as club competitions. A fantastic experience for the boys and girls. It is hoped to further develop the sport at the school. Congratulations to Ceri Griffiths in year 9 who has been selected for Wales to play against England and Scotland during the summer.

Sporting Achievements



Kooth is a digital mental health and wellbeing service working to provide a welcoming space for digital mental health care, available to all.

Please find below a link for self-referral for parents/carers to refer their child to Kooth for counselling sessions.

facetoface.kooth.com/powys.html

Powys U12 and U13 Boys Rugby Champions (Jake Wilson, Jude Light, Isaac Clark-Lewis)

The boys from Calon Cymru travelled to Llanidloes RFC to play in the Powys 10 a side rugby competition. On very small pitches and only 10 minutes a game both age groups did well to adapt especially the U13s, as the National 15 a side semi-finalists, whose strength lie out wide. Both age groups showed great footwork and organisation in attack and defence to stay unbeaten all day and beat Gwernyfed HS in both finals. Star players in the U12s was Estyn Holder and Reuben Lloyd and in the U13s Junior Brain and Fin Lloyd. Well done to all the boys.



U13 Boys and Girls South Powys Cricket Festival (Isaac Clark Lewis, Maisey Hughes, Esme Wilson)

On an absolutely gorgeous sunny day the boys and girls had the opportunity to play cricket, hosted by Gwernyfed HS. Many of the boys and girls hadn't played a proper competitive match before so it was a great chance to see them out of their comfort zone. All played very well with superb effort throughout. The girls won 2 out of 3 matches beating Crickhowell HS and Gwernyfed HS and were narrowly edged out by Brecon HS. The boys won 3 out of 4 matches beating Gwernyfed HS, Crickhowell HS and Brecon HS B team, however they too lost by just 1 run to Brecon HS A team. A fun way to experience a new and unfamiliar sport well done all.

GOODBYES!

The end of the school year means that we say goodbye to several members of staff.

Mr T Martin - Behaviour Team

We wish Mr Martin a happy and successful time ahead as he commences his teacher training and thank him for the time and energy he's given in support of our children and staff.



Mr S Powell - Humanities & Drama

We wish Mr Powell good luck as he moves to a new teaching role at Gwernyfed High School in September.

Good Luck



Mrs L Tolhurst - Science Technician

Mrs Tolhurst joined the school as a TA 13 years ago before moving to the Science department as a technician. Her expertise in the job will be missed. Thank you for the contribution you have made to the school.

Bye

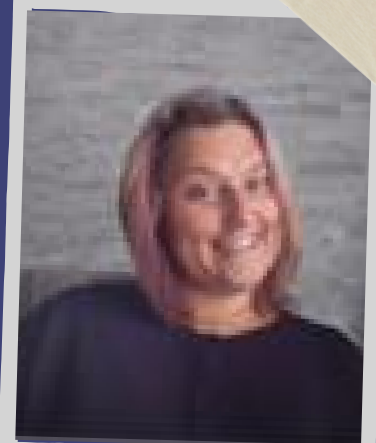
Mrs J Finnegan - Teacher of ICT

Joined the school 6 years ago, came as supply and never left! We wish her well for the future.



Mrs J Hilliard - Wellbeing Officer

Mrs Hilliard has been a huge support to our students in the wellbeing team, her calm and kind approach means she will be missed by so many students. Good luck for the future.



ACHIEVEMENT CERTIFICATES

Certificates are being awarded to pupils that have reached the following milestones in their credits on Go4Schools.



Gold Award -
350
Achievement
Points



Silver Award -
250
Achievement
Points



Bronze Award -
150
Achievement
Points



**WELL DONE
ALL!**

7A

Georgia Lawry
Lexi Sanders

7B

Jacob Procter
Caleb Lynn
Joshua Williams
Phoebe Shergold
Brooklyn Winchcombe

7C

Tyler Griffiths

7D

Wyatt Harding Bell
Megan Pembridge
Ami Diawara

BRONZE AWARDS

Jude Light
Alex Vjugins
Logan Hubbell
Lucas Evans
Lily Wall
Leo Mills
Max Powell
Mark Kapustin
Mia Evans
Nicolae Cinpeanu

Lauren Skidmore
Eliza Thompson
Esther Heighway
Isaac Heighway
Ffion Stephens
Delyth Morgan
Cieran Williams
Tyler Ellington
Jacob Adams
Oliver Howells
Evie Jean Sheppard-Caffull
Harrison Withington
Henry Lee
Lucy Roantree

Isabella Clements
Liana Grattidge
Tamara Bale
Leo Doak
Brandon Thomas
Megan Buckler
Charles Palfrey
Aaron Hawksworth
Sophia Wilson
Alexi Hindmarch
Isla Ross

James Bright
Maisey Hughes
Millie Geere
Thomas Bufton
Lucie Owen
Lucy Davies
Theo Jones-McCarley
Isaac Clark Lewis
Bow Griffiths
Grace Wright
Tommy Lewis
Jake Wilson
Megan Pembridge
Wyatt Harding Bell

SILVER

Jude Light
Max Powell
Leo Mills
Mark Kapustin
Mia Evans
Nicolae Cinpeanu
Lucas Davies
Ethan Ferreira

Lauren Skidmore
Eliza Thompson
Esther Heighway

Isabel Crowden
Sophie Weale
Isabella Clements
Matilda Batten
Sophie Caine
Lisa-Lee Hickling
Toby Coe
Liana Grattidge
Taya Travill
Tamara Bale
Holly Heath
Leo Doak
Brandon Thomas

Ellen Nicholls
Harriet Hughes
Phoebe James
Charlotte Ealey-F
Jacob Craven
Erina Lewis
James Bright
Millie Geere
Thomas Bufton
Lucie Owen
Lucy Davies
Theo Jones-McCarley

GOLD AWARDS





Lola Lloyd
Caitlyn Brittain
Phoebe Bonwick-Smith
Isabel Crowden
Ellen Nicholls
Harriet Hughes

**Platinum Award -
500 Achievement
Points**

PLATINUM AWARDS

100%

Presenoldeb Attendance

Congratulations to 2 pupils who have got through the year with 100% attendance! Well done girls!

7A - Lola Lloyd

7B - Lauren Skidmore

Credydau

Congratulations to 7D for achieving the highest credits this academic year.

Well done to the following students for top credits in each form class for Year 7:

7A

Lola Lloyd
Caitlyn Brittain
Phoebe Bonwick-Smith
Ethan Ferreira
Lucas Davies

7B

Lauren Skidmore
Eliza Thompson
Esther Heighway
Isaac Heighway
Ffion Stephens

Credits

7C

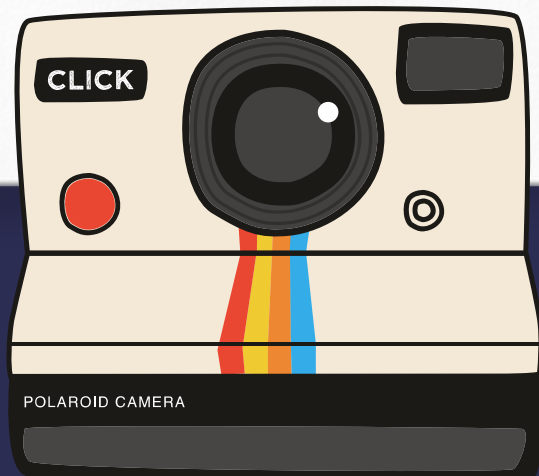
Isabel Crowden
Sophie Weale
Isabella Clements
Matilda Batten
Sophie Caine

7D

Ellen Nicholls
Harriet Hughes
Phoebe James
Charlotte Ealey-Fitzgerald
Jacob Craven



SPORTS DAY!



Year 7 PSE Morning



On Monday 18th July Year 7 took part in a morning of workshops with outside agencies, the message delivered was around keeping safe. Some of the topics students learnt about were CPR, using a defibrillator, dangers of vaping, food safety, keeping safe online, fire safety in the home and electrical safety, all valuable information as we approach the summer break.

nationalgrid



Food Standards Agency



Adferiad



Gwasanaeth Tân ac Achub
Canolbarth a Gorllewin Cymru

Mid and West Wales
Fire and Rescue Service



St John Ambulance Cymru



JESS METCALF SWYDDOG POBL IFANC - CYDRADDOLDEB AC YMGYSYLLTU



BETH WYT TI'N EI WNEUD?

Rwy'n gweithio mewn ysgolion a sefydliadau ieuencid i rymuso pobl ifanc i herio anghydraddoldeb yn eu bywydau. Rwy'n helpu i gefnogi pobl ifanc a'u cymunedau ac i gynyddu ymwybyddiaeth a gwelededd grwpiau lleiafrifol.



PRYD FYDDA' I YN YR YSGOL?

Byddaf yn anelu at fod yn yr ysgol o leiaf bob mis, fel hyn byddaf yn gallu dy weld yn rheolaidd heb effeithio gormod ar dy amserlen! Gallu di gysylltu â mi ar-lein os wyt ti am drafod unrhyw beth :)



GWAITH GRŴP

Rwy'n helpu i sefydlu grwpiau mewn ysgolion, neu gefnogi rhai sy'n bodoli eisoes, fel y Cyngor Ysgol neu grwpiau LGBTQ+.



DEDDF CYDRADDOLDEB 2010

Mae fy ngwaith yn canolbwyntio ar Ddeddf Cydraddoldeb 2010 a'r 9 nodwedd warchoddedig, sef:

- oedran
- anabled
- ailbennu rhywedd
- statws priodasol neu bartneriaeth sifil
- bechiogrwydd a mamolaeth
- hil
- crefydd neu gred
- rhyw
- cyfeiriadedd rhywiol



JESS METCALF EQUALITIES & ENGAGEMENT YOUNG PEOPLES OFFICER



WHAT DO YOU DO?

I work in schools and youth organisations to empower young people to challenge inequality in their lives. I help to support young people and their communities and to increase awareness and visibility of minority groups.



WHEN WILL YOU BE IN SCHOOL?

I will aim to be in school at least monthly, this way I get to see you regularly without impacting on your timetable too much! You can contact me online if you want to discuss anything :)



GROUP WORK

I help to set up groups in schools, or support existing ones, like the School Council or LGBTQ+ Groups.



EQUALITY ACT 2010

My work is centred around the Equality Act 2010 and the 9 protected characteristics, these are:

- age
- disability
- gender reassignment
- marriage and civil partnership,
- pregnancy and maternity
- race
- religion or belief
- sex
- sexual orientation



MANYLION CYSWLLT



@jessmetcalfeeypo



www.facebook.com/jessyouthworker



jess.metcalf@powys.gov.uk



CONTACT DETAILS



@jessmetcalfeeypo



www.facebook.com/jessyouthworker



jess.metcalf@powys.gov.uk



TERM DATES

Autumn

Monday 4th September 2023 to Friday 27th October 2023
Half Term - Monday 30th October 2023 to Friday 3rd November 2023
 Monday 6th November 2023 to Thursday 21st December 2023

Spring

Tuesday 9th January 2024 to Friday 9th February 2024
Half Term - Monday 12th February 2024 to Friday 16th February 2024
 Monday 19th February 2024 to Friday 22nd March 2024

Summer

Monday 8th April 2024 to Friday 24th May 2024
Half Term - Monday 27th May 2024 to Friday 31st May 2024
 Monday 3rd June 2024 to Friday 19th July 2024

Non Pupil Days

Friday 1st September 2023
 Friday 22nd December 2023 & Monday 8th January 2024
 Cluster Inset – 2nd & 3rd October 2023 & 8th July 2024